

Examples of Values in Relationships

In my relationship, I want to be...

- Kind
- Assertive
- Spontaneous
- Genuine
- Loving
- Patient
- Humorous
- Honest
- Self-Disciplined
- Consistent
- Reliable
- Flexible
- Sensual
- Sexual
- Appreciative
- Expressive
- Vulnerable
- Persistent
- Deliberate
- Vulnerable
- Composed
- Sensitive
- Compassionate
- Fair
- Loyal
- Committed
- Trustworthy
- Gentle
- Considerate
- Decisive
- Forthright
- Grateful
- Fun
- Engaged
- Present
- Curious
- Inquisitive
- Supportive
- Independent
- Productive
- Contributing
- Punctual
- Encouraging
- Validating
- Accepting
- Romantic
- Available
- Generous
- Tactful
- Cooperative
- Empathic
- Attentive
- Attuned
- Understanding
- Respectful
- Mindful
- Forgiving
- Altruistic
- Firm
- Adventurous
- Determined
- Self-Aware
- Dependable

